

# OUR DRINKS

Service at the bar



tibits



The future of our planet is close to our hearts. Thanks to our philosophy of cooking fresh every day, using whole vegetables whenever possible and buying according to need, we can largely avoid food waste.

If there is anything left over, it is picked up by the organisation Food Sharing Schweiz or offered on the app "Too Good To Go".

With each plate of food from the tibits buffet, you also save an average of 1.26 kg of CO<sub>2</sub>.



## WHERE YOU CAN FIND US

You can find our family business in Basel, Bern, Lausanne, Lucerne, St. Gallen, Winterthur, Zurich and Darmstadt (GER).

# WELCOME TO TIBITS

tibits was founded in 2000 as a family business by the Frei and Hiltl families. Since then, we have been serving healthy delights all over Switzerland. We serve over 40 home-made vegetarian and vegan treats every day.

## THIS IS HOW IT WORKS:

- 1 Find a place and "reserve" it with a jacket, for example.
- 2 Choose your favourite dish from the buffet and add a bread roll.
- 3 Weigh it at the bar, choose your drink, pay and enjoy at the table. En Guete!

## PRICES

### BUFFET PRICES PER 100 GRAMS

|                             | Inhouse     | Take-away*<br>Zero waste | Take-away   |
|-----------------------------|-------------|--------------------------|-------------|
| Breakfast                   | <b>3.90</b> | <b>3.10</b>              | <b>3.60</b> |
| Desserts & Fruits           | <b>4.20</b> | <b>3.40</b>              | <b>3.90</b> |
| Salads, hot dishes & brunch | <b>4.70</b> | <b>3.90</b>              | <b>4.40</b> |

### \*TAKE-AWAY

We also offer everything to go. With our reusable bowls and bottles, with the reBOXES from reCIRCLE or with your own reusable containers, you can enjoy take-away without any waste and benefit from the best price (excl. baked goods, aperitif snacks, ice creams and alcoholic drinks).



We recommend our **organic barista oat drink**. We also offer organic soy-almond drink or organic cow's milk from the Demeter farm.



## CHAI, LATTE & PUNCH

### **Indian Chai** ✱

25 cl 6.00 | 40 cl 7.70

### **Rooibos Chai** ✱

25 cl 6.00 | 40 cl 7.70

### **Vanilla Matcha Latte** ✱

25 cl 6.20 | 40 cl 8.20

### **Golden Turmeric Latte** ✱

25 cl 6.20 | 40 cl 8.20

### **Ginger Lemon Punch**

25 cl 5.00 | 40 cl 6.70

✱ Also available as iced beverages



### **Jasmine Tea "Yu Long Tao"**

25 cl 5.20

### **Länggass tea from Bern**

Selected teas in bags:  
Assam (black tea), Bernese rose tea  
in organic quality: Edelweiss, Green tea Song Luo,  
Moroccan mint, Rooibos, Vervain  
25 cl 4.90



## COFFEE & CHOCOLATE

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### **Espresso**

4.40 | double 5.40

### **Ristretto**

4.00

### **Coffee Crema**

4.50 | gross 5.90

### **Cereal coffee**

4.50 | gross 5.90

### **Corretto Grappa**

6.20

### **Latte Macchiato**

25 cl 6.20 | 40 cl 8.20

### **Caffè freddo**

25 cl 6.20 | 40 cl 8.20

### **Cappuccino**

5.20 | gross 7.20

### **Rooibos Cappuccino**

5.20 | gross 7.20

### **Milk coffee**

5.00 | gross 6.70

### **Espresso Macchiato**

4.70

### **+ extra shot Espresso**

1.20

### **+ vanilla or caramel syrup**

0.50

### **Hot chocolate**

25 cl 6.40 | 40 cl 7.70

### **Cold chocolate**

25 cl 6.00 | 40 cl 7.70



Our espresso house blend has been roasted exclusively for tibits. All coffees are also available decaffeinated or as cereal coffee.



## FRESHLY SQUEEZED JUICES & LASSI

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### **Orange Juice**

10 cl 3.40 | 25 cl 6.40

### **Carrot Juice**

10 cl 3.40 | 25 cl 6.40

### **Mexicano Juice**

Carrots and orange

10 cl 3.40 | 25 cl 6.40

### **Ginger-Carrot-Apple**

with fennel and lemon

10 cl 3.60 | 25 cl 7.00

### **Multifruit Juice**

Orange, Apfel, Birne, Banane und Kiwi

10 cl 3.60 | 25 cl 7.00

### **Green Fitness**

Apple, fennel, lemon

seasonally with spelt grass or spinach

10 cl 3.60 | 25 cl 7.00

### **Mango-Cashew Lassi**

Fermented cashew, organic oat drink,  
mango and garam masala

10 cl 3.60 | 25 cl 7.00

### **Seasonal Hemp Power Shake**

Hemp seeds, banana, organic oat drink  
and seasonal fruit

10 cl 3.60 | 25 cl 7.00 | 50 cl (PET) 12.00

## TIBITS SPECIALITIES

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### Passion Fruit Lemonade

25 cl 5.00 | 40 cl 6.70

### Thyme Tonic Lemonade

25 cl 5.00 | 40 cl 6.70

### Ginger Lemon Lemonade

25 cl 5.00 | 40 cl 6.70

### Seasonal Iced Tea

25 cl 4.60 | 40 cl 5.70 | 50 cl (PET) 6.00

### Iced Tea Classic

25 cl 4.30 | 40 cl 5.40 | 50 cl (PET) 5.80

### Hibiscus-Mint Iced Tea sugar-free

25 cl 4.30 | 40 cl 5.40 | 50 cl (PET) 5.80

### Süssmost (Fresh Apple Juice)

25 cl 4.30 | 40 cl 5.40 | 50 cl (PET) 5.80

### Süssmost-Schorle (Fresh Apple Juice Spritzer)

25 cl 4.30 | 40 cl 5.40

### Organic Kombucha

fermented with fruits,  
not pasteurised, with live cultures

50 cl (PET) 6.50

## SOFTDRINKS

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### Appenzell mineral water non-carbonated

25 cl 3.80 | 40 cl 4.80 | 50 cl (PET) 5.00

### Appenzell mineral water carbonated

50 cl (PET) 5.00

### tibits soda water

25 cl 3.70 | 40 cl 4.70 | 100 cl 9.50

### Goba Cola, Goba Cola Zero

50 cl (PET) 5.50

### Goba Citro

50 cl (PET) 5.50

## Specialities according to house recipe

All lemonades are  
served with ice.



Our essences are also available  
to take away in the shop:

**Ginger Lemon Essence**

25 cl 7.50

**Thyme Tonic Essence**

50 cl 8.50

**Chai Essence**

25 cl 9.00



Our local beers are brewed and bottled with great care.

Our staff will gladly inform you about our **local beer offer.**



We source our beers from regional family businesses that carry out their craft with a love of detail and a great deal of care. Our beers are local fresh products, which can be enjoyed freshly bottled with natural ingredients.



## APERITIFS & DIGESTIFS

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### **Prosecco Treviso «Sélection tibits» (Veneto, IT)**

Lucchetta

10 cl 8.50 | Flasche 75 cl 49.00

### **White wine spritzer** sweet or sour

20 cl 7.50

### **Hugo**

20 cl 11.00

### **Vermouth Royale**

20 cl 11.50

### **Aperol Spritz**

20 cl 11.00

### **Ramazzotti Rosato**

20 cl 9.50

### **Grappa di Prosecco**

2 cl 6.50

### **Hugo Lemon** non-alcoholic

20 cl 8.50

### **Thyme Tonic** non-alcoholic

25 cl 5.00 | 40 cl 6.70



## LONGDRINKS

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### **tibits Mimosa Special**

Let our team surprise you

14.00

### **Apple Time**

Draft-Brothers Gin, Ginger Lemon Essence,  
apple juice and beer

14.00

### **Gin Thyme**

Draft-Brothers Gin, Thyme Tonic and tibits soda

14.00

### **Rosé all day**

Draft-Brothers Gin, Ramazzotti, rosé and tibits soda

14.00

### **Ginger-Aperol**

Aperol, Ginger Lemon Essence, elderflower syrup  
and tibits soda

14.00

### **Vodka Classic or Passion**

Xellent Vodka with Classic Iced Tea or Passion Fruit  
Lemonade, garnished with an orange slice

14.00

Our staff will  
gladly inform you  
about our  
**local wine offer.**



## WHITE WINES

### **Sauvignon Blanc «Sélection tibits» (Loire, FR)**

switch to organic, Domaine des Corbillières  
fruity | dry | elderflower  
10 cl 7.00 | 20 cl 13.00 | 75 cl 42.00

### **Pinot Grigio-Chardonnay (Veneto, IT) organic**

Domini del Leone  
dry | light | subtle fruity | acacia blossom  
10 cl 7.00 | 20 cl 13.00 | 75 cl 42.00

### **N°21 Colombard-Ugni Blanc-Sauvignon (Gascogne, FR) organic**

Domaine Uby  
dry | fruity | grapefruit | white peach | citrus fruits  
10 cl 8.00 | 20 cl 15.00 | 75 cl 48.00

### **Chardonnay «Alte Reben» TOREYE (Pfalz, DE) demeter**

Eyman winery  
dry | noble | elegant | blossoms | citrus fruits  
10 cl 8.50 | 20 cl 16.00 | 75 cl 51.00



## ROSÉ WINES

### **Syrah Rosé Pays d'Hérault IGP (Languedoc, FR), organic**

Domaine La Colombette  
dry | fruity | fresh | moderate acidity  
10 cl 7.50 | 20 cl 14.00 | 75 cl 45.00



**All our wines come  
from small, sustainably  
producing wineries.**

No auxiliary substances of animal origin are used  
in the vinification process.



## **RED WINES**

**Syrah-Grenache «Sélection tibits» (Languedoc, FR)** organic  
Famille Bruno Lafon, Domaine Magellan  
fruity-fresh | dry | medium-bodied | ripe berries  
10 cl 7.00 | 20 cl 13.00 | 75 cl 42.00

**ATMA Red (Naoussa, GR)**  
Apostolos Thymiopoulos  
dry | berry | Mediterranean spicy | medium heavy  
10 cl 7.50 | 20 cl 14.00 | 75 cl 45.00

**Rosso Toscano Privo (Toscana, IT)** organic & without SO<sub>2</sub> addition  
Sangiovese | La Selva, Maremma  
dry | fruity | medium | spicy | cherry | plum  
10 cl 8.00 | 20 cl 15.00 | 75 cl 48.00

**Ribera del Duero «El Holgazàn» (Burgos, ES)**  
Bodega Marta Maté, Castilla-Léon  
dry | powerful | heavy | lush | blackberries | liquorice  
10 cl 8.50 | 20 cl 16.00 | 75 cl 51.00



## PHILOSOPHY

At tibits, the focus is on enjoyment. We work with regional farmers and suppliers whenever possible and support fair trade. Read more at: [tibits.ch/en/food/food-facts](https://tibits.ch/en/food/food-facts)

More freshness and less food waste: As we prefer to cook fresh every day, not all products are always available until the end of the day.

All baked goods and most of the dairy products and free-range eggs are of **organic or Demeter quality**.

Vegetarian & Vegan Restaurant  
Bar | Take-Away | Catering  
[tibits.ch](https://tibits.ch) |    