

## Aperitifs

<b>Prosecco di Valdobbiadene DOC</b>	10 cl	<b>8.50</b>
	bottle 75 cl	<b>49.00</b>
<b>Kir Prosecco</b>	10 cl	<b>8.50</b>
Prosecco with cassis syrup		
<b>Kir Blanc</b>	10 cl	<b>7.00</b>
Rueda Fuente Elvira with cassis syrup		
<b>Bellini</b>	10 cl	<b>8.50</b>
Prosecco with peach and passion fruit syrup		
<b>Campari Orange</b>	25 cl	<b>9.50</b>
4cl Campari Bitter and freshly squeezed orange juice		
<b>Accompanied by our fine assortment of antipasti, snacks and dips from the buffet</b>	100 g	<b>4.10</b>

## Cocktails

with crushed ice

<b>sweet and fruity</b>		
<b>Classic Caipirinha</b>		<b>12.50</b>
4cl Cachaça, lime and lemon syrup		
<b>Caipirissima</b>		<b>12.50</b>
4cl Havana Club Rum, lime and lemon syrup		
<b>Caipiroska</b>		<b>12.50</b>
4cl Skyy Vodka, lime, cassis and lemon syrup		
<b>fresh and zingy</b>		
<b>Tequila Sunrise</b>		<b>12.50</b>
4cl Tequila, orange juice and raspberry-lemon balm syrup		
<b>tibits Margarita</b>		<b>12.50</b>
4cl Tequila, 2cl triple sec and Fitness juice		
<b>Tutti Frutti Daiquiri</b>		<b>12.50</b>
4cl Havana Club Rum, Tutti Frutti juice and cassis syrup		
<b>non-alcoholic</b>		
<b>Passionata</b>		<b>7.50</b>
2cl peach and passion fruit syrup, lime, fresh mint, mineral water and lemon syrup		

**Our cocktail menu is available at the bar.**

## Wine

Served by the glass in 75 cl bottle quality

<b>Red wine</b>	10 cl	20 cl	bottle 75 cl
<b>Château de Valcombe Classique</b>	<b>6.00</b>	<b>11.50</b>	<b>36.00</b>
France, Shiraz and Grenache grapes, intense perfumed bouquet, mild herbes de Provence and berry jam with peppery notes			
<b>Nero d'Avola Feudo Arancio</b>	<b>6.50</b>	<b>12.50</b>	<b>39.00</b>
Italy, Nero d'Avola grapes, dry, medium strength, refreshing cherry and mint			
<b>Navarra "Sur" Inurrieta</b>	<b>7.00</b>	<b>13.50</b>	<b>42.00</b>
Spain, Grenache, Tempranillo and Graciano grapes, aged 6 months in barrique, intense bouquet, aromas of violets, sour cherries and vanilla			

<b>White wine</b>	10 cl	20 cl	bottle 75 cl
<b>Sauvignon blanc Touraine</b>	<b>6.00</b>	<b>11.50</b>	<b>36.00</b>
France, a dry and refreshing wine with fruity elderberry blossom, gooseberry and mint aroma			
<b>Rueda Fuente Elvira</b>	<b>6.50</b>	<b>12.50</b>	<b>39.00</b>
Spain, exotic mango and grapefruit on the nose			
<b>Chardonnay Fruit Gascogne</b>	<b>7.00</b>	<b>13.50</b>	<b>42.00</b>
France, citrus fruit and white blossoms interwoven with pure subtle vanilla flavours—simultaneously fresh and round			
<b>White wine spritzer</b>	10 cl	<b>7.00</b>	
With Rueda Fuente Elvira and mineral water or Sprite			

**Our wine list is available at the bar.**

## Beer

<b>Organic beer</b>	25 cl	<b>4.20</b>
Unfiltered and fresh from the barrel		
<b>Non alcoholic beer</b>	33 cl	<b>4.00</b>
Full-bodied and malty from the Locher Brewery in Appenzell		

OPEN DAILY, ALSO SUNDAYS

STÄNZLERGASSE 4, 4051 BASEL

TELEPHONE 061 205 39 99, FAX 061 205 39 98

BAHNHOFPLATZ 10, 3011 BERNE

TELEPHONE 031 312 91 11, FAX 031 312 91 20

OBERER GRABEN 48, 8400 WINTERTHUR

TELEPHONE 052 202 73 33, FAX 052 202 73 32

SEEFELDSTRASSE 2, 8008 ZURICH

TELEPHONE 044 260 32 22, FAX 044 260 32 23

12-14 HEDDON STREET, OFF REGENT STREET

LONDON W1B 4DA

TELEPHONE +44 (0) 207 758 4110,

FAX +44 (0) 207 734 0428

WWW.TIBITS.CH, INFO@TIBITS.CH

WWW.TIBITS.CO.UK, INFO@TIBITS.CO.UK

WE DO NOT ACCEPT RESERVATIONS

All prices in CHF incl. VAT.

You can also  
eat  
out at  
home  
or at the office

ALL FOOD AND DRINKS (EXCEPT FOR PASTRIES AND ALCOHOLIC BEVERAGES) COST 50 CENTS LESS AS TAKE AWAY. SERVICE AT THE COUNTER / BAR.

tibits



## Welcome to tibits.

tibits, a shortened form of “titbits”, stands for delicious, fresh, healthy food. Our family business was founded in 2000 by the Frei brothers together with Haus Hiltl, the oldest vegetarian restaurant in Europe.

All tibits creations are glutamate-free and prepared with love but no artificial additives.

tibits gift vouchers, tea-balls, homemade dressings and additional tasteful articles are available here in the restaurant as well as through our online shop. Are you planning a celebration, aperitif or lunch for at least ten people? Further information about catering is found at [www.tibits.ch](http://www.tibits.ch).

All food and drinks (except for pastries and alcoholic beverages) cost 50 cents less as take away. Service at the counter/bar. Enjoy! (All prices in CHF incl. VAT)

## Delicious breakfast

Daily until 10 a.m., Sat/Sun until noon

<b>Breakfast buffet</b>	100 g	<b>3.20</b>	take away	<b>2.70</b>
Homemade birchermuesli, fresh fruit, cheese, bifidus, butter, various jams and honey, dried cranberries, various flakes and nuts				
<b>Croissant – white or dinkel wheat</b>				<b>1.50</b>
Freshly baked throughout the morning				
<b>Chocolate brioche</b>				<b>2.80</b>
Made from dinkel wheat and premium chocolate				

## Delicious salads & menus

<b>Buffet</b>	100 g	<b>4.10</b>	take away	<b>3.60</b>
More than 40 homemade creations from the buffet, with your choice of hot meals of the day, priced by weight. With your choice of organic bread roll.				
<b>Soup &amp; bread</b>				<b>7.50</b>
Soup served with your choice of bread roll. Different seasonal offers to take away every day. Available from the bar/at the counter.				
<b>Homemade sandwiches</b>				<b>7.80</b>
Freshly prepared several times daily with fresh and crispy home-baked bread				
<b>All our bakery products are organic, our milk products either Demeter or organic.</b>				

## Sweets, ice cream & fruit shakes

### Fruits & sweets

From the buffet, priced by weight

100 g	<b>3.20</b>	Take Away	<b>2.70</b>
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Organic pastries			
<b>Brownie</b>			<b>4.20</b>
Original Hiltl recipe			
<b>Patisserie small &amp; tasty</b>		from	<b>2.90</b>
Something sweet with your coffee? Ask us about our seasonally changing specialities such as apple-beignet, Amaretti and a lot more.			

<b>Fior di latte ice cream with chocolate sauce</b>			<b>6.00</b>
	small portion		<b>3.00</b>
<b>Ice espresso</b>			<b>6.00</b>
Fior di latte ice cream with strong espresso			
<b>Sorbetto ice cream</b>		10 cl	<b>3.80</b>
Assorted flavours			
<b>Fruit shake</b>			<b>7.50</b>
Fior di latte ice cream with a freshly squeezed juice of your choice			

## Tea

Hot and ideal as take away		25 cl	
<b>Indian chai</b>			<b>5.00</b>
Chai spices and organic Assam tea (chai essence), with milk, lightly sweetened			
<b>Jasmin tea Yu Long Tao</b>			<b>4.50</b>
Exquisite jasmin blossom tea from the red Qian Ri Hong plant. The Chinese flower bears this name because of its long flowering duration. Qian Ri Hong means “a thousand days red”.			
<b>Green Ball green tea</b>			<b>4.40</b>
Tea ball with pleasant-tasting green tea leaves from Zhejiang			
<b>Vervain</b>			<b>3.80</b>
With blue mallow			
<b>Peppermint</b>			<b>3.80</b>
With cornflower blossoms			
<b>Rooibos</b>			<b>3.80</b>
With vanilla			
<b>Assam</b>			<b>3.80</b>
With rose blossoms			
<b>Lemon balm</b>			<b>3.80</b>
With hibiscus			
<b>Ginger punch</b>			<b>4.50</b>

## Coffee & chocolate specialities

From the Cimballi Dosatron with Caffè Moka Efti, Milan. Full-flavoured enjoyment to take with you, made from Demeter-quality cow’s milk or soya-almond milk.

<b>Latte macchiato</b>			
Espresso in a glass with lots of milk foam and cocoa powder			
			<b>5.50</b>
Flavoured with hazelnut, amaretto, vanilla or caramel			
			<b>5.80</b>
<b>Espresso black, with cream or macchiato</b>			<b>3.90</b>
<b>Double espresso</b>			<b>4.80</b>
<b>Ristretto</b>			<b>3.20</b>
In a glass – as served in Rome			
<b>Coffee, black or with cream</b>			<b>3.90</b>
<b>Cappuccino</b>	<b>4.30</b>	large	<b>5.90</b>
<b>Milk coffee</b>	<b>4.00</b>	large	<b>5.60</b>
<b>Cereal coffee</b>			<b>3.80</b>
<b>Pure cocoa chocolate drink</b>			<b>5.50</b>
Hot (steam heated) or cold			
<b>Chocomaltine</b>			<b>5.50</b>
Malt drink with dates and honey, hot (steam heated) or cold			
<b>Mocha</b>			<b>6.50</b>
Chocolate with a double espresso			
<b>Corretto Grappa</b>			<b>5.50</b>
Strong espresso with a shot of Grappa Nardini 50 %			
<b>Grappa Nardini</b>			<b>6.50</b>
50%, 2 cl			

## We offer our youngest guests

<b>Babycino</b>			
Espresso cup filled with milk foam and a sprinkling of cocoa powder			
<b>Syrup</b>			
Raspberry-lemon balm, blackcurrant, peach-maracuja			

## Shop

<b>tibits gift vouchers</b>	for	<b>10.00</b>	and	<b>20.00</b>
<b>Jasmin Yu Long Tao (10 Tea Balls)</b>				<b>18.00</b>
<b>Green tea (10 Tea Balls)</b>				<b>15.00</b>
<b>Tea pyramids (10 bags)</b>				<b>9.00</b>
Vervain, peppermint, rooibos, assam, lemon balm				

<b>Hiltl cookery books G/E/F</b>	from	<b>59.00</b>
<b>Diverse books by Tricia Guild</b>	from	<b>53.00</b>

Diverse products also available from our online shop at [www.tibits.ch](http://www.tibits.ch).

## Fresh fruit juices

Daily freshly squeezed in our own juicer

	restaurant	25 cl	
<b>Juice of the day</b>			<b>6.80</b>
<b>Tutti Frutti</b>			<b>6.80</b>
Orange, apple, pear, banana, kiwi, sallow thorn			
<b>Fitness</b>			<b>6.80</b>
Apple, fennel, lemon			
<b>Red Fitness</b>			<b>6.80</b>
Apple, fennel, lemon, blackcurrant*			
<b>Mexicano</b>			<b>5.80</b>
Carrot and orange			
<b>Vitamin</b>			<b>5.80</b>
Orange and blackcurrant*			
<b>Ginger, carrot and apple</b>			<b>5.80</b>
With fennel and lemon			
<b>Orange or carrot juice</b>			<b>5.80</b>

We use only fresh fruits and fresh vegetables unless otherwise noted. In these cases (\*), we use fresh-frozen fruits for better quality.

## Mineral water & soft drinks

	25 cl	50-cl-	
	restaurant	PET-bottle	
		restaurant	
Homemade			
<b>Mango lassi</b>			<b>5.50</b>
Bifidus yoghurt, mango, garam masala			
<b>Lemonade of the day</b>			<b>4.20</b>
With crushed ice			
<b>Classic ice tea</b>	<b>4.00</b>		<b>5.50</b>
Fresh orange, blackcurrant, white tea			
<b>Rooibos ice tea</b>	<b>4.00</b>		<b>5.50</b>
Fresh orange, peppermint & rooibos tea			
<b>Hibiscus ice tea</b>	<b>4.00</b>		<b>5.50</b>
Fresh orange, cardamom & hibiscus			
<b>Natural apple juice</b>	<b>4.00</b>		<b>5.50</b>
Made from 100% Swiss organic apples			
<b>Still /sparkling Appenzell mineral water</b>	<b>3.50</b>		<b>4.80</b>
<b>Coca-Cola, Coca-Cola light</b>	<b>4.00</b>		<b>5.00</b>
<b>Coca-Cola zero</b>			<b>5.00</b>